

*If you are not receiving our weekly email and would like to find out about all the activities at First Parish please contact Steve in the office and ask to be added to the mailing list.*

## **Ongoing at First Parish ~ Join Us!**

### **Peaceful Harbor Buddhist Sangha**

**Sundays | 6:30-8PM | Meeting House**

Join us for meditation every week! All are welcome! FMI speak with David Hughes, [hughes-david@maine.rr.com](mailto:hughes-david@maine.rr.com)

### **Newcomer Coffee**

Please join Reverend Christina Sillari and members of the Membership Team after service on the first Sunday of each month for coffee and conversation. This is a great way to meet other newcomers, and to learn more about what makes this church unique. Hope to see you there!

### **Community Dinners**

**First Sundays | Prep, Serving, and Cleanup | Downstairs**

To volunteer please speak with Noel De Young at Coffee Hour, or call her at 939-3118. [noeledey@yahoo.com](mailto:noeledey@yahoo.com) Thank you!

### **Friends of Safe Harbor Committee**

**Third Wednesdays | 6:30-8PM | Upstairs RE classroom**

Supporting the needs of new immigrants in Portland  
FMI, contact Jenn McAdoo at [mcadoo.jenn@gmail.com](mailto:mcadoo.jenn@gmail.com)

### **20/30 Somethings**

**Third Sundays | 11:30ish | Public Market, Monument Square**

Join us for coffee and conversation!

### **Women's Alliance Brown Bag Lunch**

**Fourth Mondays | Noon | Parish Hall**

All First Parish women are invited to join for lunch together!

### **Join the First Parish Choir!**

**Weekly on Thursdays | 7-9PM | Meeting House**

Come sing with us! Talk with Music Director Scott Wheatley during Coffee Hour, or email [musicdirector@firstparishportland.org](mailto:musicdirector@firstparishportland.org)



## **The First Parish in Portland, Maine, Unitarian Universalist**

A Welcoming Congregation in the Heart of the City

**We Commit Ourselves and Our  
Resources to Nurture the Spirit,  
Grow in Community  
and Help Heal the World**

**May 14, 2017**

***A Warm and Welcoming Place in the Heart of the City since 1674.***

We are a non-creedal faith community;  
we encourage you to explore in your own way, at your own pace.  
Welcome Newcomers! Please fill out a Visitor's Card and join us in  
the Parish Hall at 11AM for coffee and fellowship.

□

### ***Our Goal for 2016 - 2017:***

Grow in generosity of spirit and action: to ourselves, to others,  
to our community, and to our Earth. Please peruse our  
bulletin and join our efforts.

### **Worship Service Schedule**

#### ***"Resilliance"***

**May 14, 2017**

*Mother's Day*

*RE Sunday*

Toben Cooney Callnan

**May 21, 2017**

*Membership*

New Member Ceremony

Rev. Christina Sillari

**May 28, 2017**

*Music Sunday*

***Please plan to come to Music Sunday, May 28<sup>th</sup>, on Memorial Day  
Weekend. There will be spectacular music and recognition of our  
veterans to inspire you!***

## *Welcome Visitors, Friends, and Members ...*

### **Welcome Newcomers!**

We hope you'll find a spiritual home full of love, tolerance, and justice here. Please fill out a Visitor's Card and put it in the offering. You're welcome to bring your baby or toddler upstairs to the Nursery for childcare. School-aged children are welcome to join the Religious Exploration program for the day. Please join us for coffee hour in the Parish Hall after service, and use a **YELLOW MUG** to help us welcome our newcomers. Thanks for coming today!

### **Membership Ceremony**

**May 21<sup>st</sup> 2017**

Are you considering becoming a member of First Parish?  
Please contact Rev. Sillari, or email Sheila Sullivan at:  
[membership@firstparishportland.org](mailto:membership@firstparishportland.org)

#### **Re-Scheduled Date!**

**Join Reverend Christina  
in reading and discussing the  
UUA Common Read  
Monday June 5th at 6:00 PM**

with a potluck dinner.

[The Third Reconstruction: How a Moral Movement is Overcoming the Politics of Division and Fear](#)

A Common Read invites participants to read and discuss the same book in a given period of time. A Common Read can build community in our congregations and our movement by giving diverse people a shared experience, shared language, and a basis for deep, meaningful conversations.

### **Next Meeting of the Book Group**

The First Parish book group will next meet on May 29th at 7pm in the Parish Hall. Our selection is "My Name is Lucy Barton" by Maine author Elizabeth Strout.

### **Prayer and Reflection**

The Meeting house will be open for prayer and reflection Wednesdays for the balance of spring from 12-2 pm

## *Generosity to Ourselves and Others ...*

### **Don't forget this week's Safe Harbor meeting**

**Wed., May 17th**

**from 6:30-8 p.m.**

Are you interested in exploring ways to help new Mainers in Portland? Are you interested in finding out what First Parish is doing to help our newest neighbors? Then please join us for our monthly meeting on Wednesday. For more information, contact Jenn McAdoo at

[mcadoo.jenn@gmail.com](mailto:mcadoo.jenn@gmail.com).

We look forward to seeing you soon!

### **Try out a Chalice Group: No Strings Attached**

**June 11<sup>th</sup>, 11:30 am -1:00 pm**

Five different chalice groups will be offered, a one-time trial for all those who are interested to find out what they are and how they work. Choose a topic and sign up with Steve in the First Parish office:

*Classism*

*Joy*

*Letting Go*

*Being Present*

*Technology*

Contact Jen Caswell with any questions at: [hfcjdc@gmail.com](mailto:hfcjdc@gmail.com).

### **Worship Service Speakers Wanted**

Worship Committee is starting to plan worship services for the next year. That means we must find people to deliver interesting, thought-provoking sermons. If you feel you could be one of those people, we would love to talk with you. You would not be alone in the journey. We use a team approach: helping you prepare the sermon, giving guidance and doing research in choosing hymns, readings, and prayers, and practicing with a dry-run of the service. Hopefully you have enjoyed many lay led services in the past and realize their value. Please consider sharing yourself in a deeper way with the congregation. Please feel free to contact one of the following 2017-18 worship committee members for more information.

Sammy Riegel Burbank, Gary Desrochers,

Dirane Kelekyan, Laurie Hasty

*Please sign up on the Parish Hall poster to donate and dedicate flowers. Thank you!*