



**First Parish Joins with the Member Congregations  
of the Unitarian Universalist Association  
to Affirm and Promote These Seven Principles:**

- The inherent worth and dignity of every person;
- Justice, equity and compassion in human relations;
- Acceptance of one another and encouragement to spiritual growth in our congregations;
- A free and responsible search for truth and meaning;
- The right of conscience and the use of the democratic process within our congregations and in society at large;
- The goal of world community with peace, liberty, and justice for all;
- Respect for the interdependent web of all existence of which we are a part.

Our Seven Principles have their origin in Six Sources, which range from the “direct experience of that transcending mystery and wonder, affirmed in all cultures,” to “wisdom from the world’s religions,” and “humanist teachings which counsel us to heed the guidance of reason and the results of science.”

For more information on the Unitarian Universalist faith tradition, visit our website at [firstparishportland.org](http://firstparishportland.org).

If you’re interested in becoming a member of First Parish, please email Membership Coordinator Laurie Hasty at [membership@firstparishportland.org](mailto:membership@firstparishportland.org).

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**Upcoming Events**

To see all the upcoming events at First Parish, visit this link:

[firstparishportland.org/events/calendar](http://firstparishportland.org/events/calendar)

**We proudly partner with Space Gallery to offer Wabanaki artist Maya Tihtiyas Attean’s photographic and mixed media installation! Find her art displayed on the wall of the Meeting House facing the Memorial Garden through the end of May. Maya will offer an Artist’s Talk after the service on Sunday, May 19. An opening event will follow at 2 pm.**

Peaceful Harbor Sangha | May 12 | 6 pm | Meeting House

MGMC Choir Rehearsals | May 15 | 7 pm | Zoom

Choir Rehearsals | May 16 | 7 pm | Meeting House

Maya Attean Art Opening | May 19 | 2 pm | Garden



**The First Parish in Portland, Maine  
Unitarian Universalist Church**

*May 12, 2024, at 10 AM*

***An Overflowing Cup***  
**Rev. Norman Allen**

Music Director - Benjamin Holbrook

Director of Religious Exploration - Molly Juhlin

Keyboard Artist - Jonathan Chatfield

Worship Weaver - Laurie Hasty

Hymn Leaders - Brenda Franey & Lily James

Tech Director - Devon Medeiros, IATSE Local 114

Ushers- Mary Wheeler, Harvey Rohde, and Katherine Charbonneau

Pastoral Care Presence - Drea Michaud

Flowers by Francesca Gallucio-Steel

425 Congress Street, Portland, Maine 04101

207.773.5747 - [firstparishportland.org](http://firstparishportland.org)